

March 2026 | Birchwood Highlands

HIGHLANDS

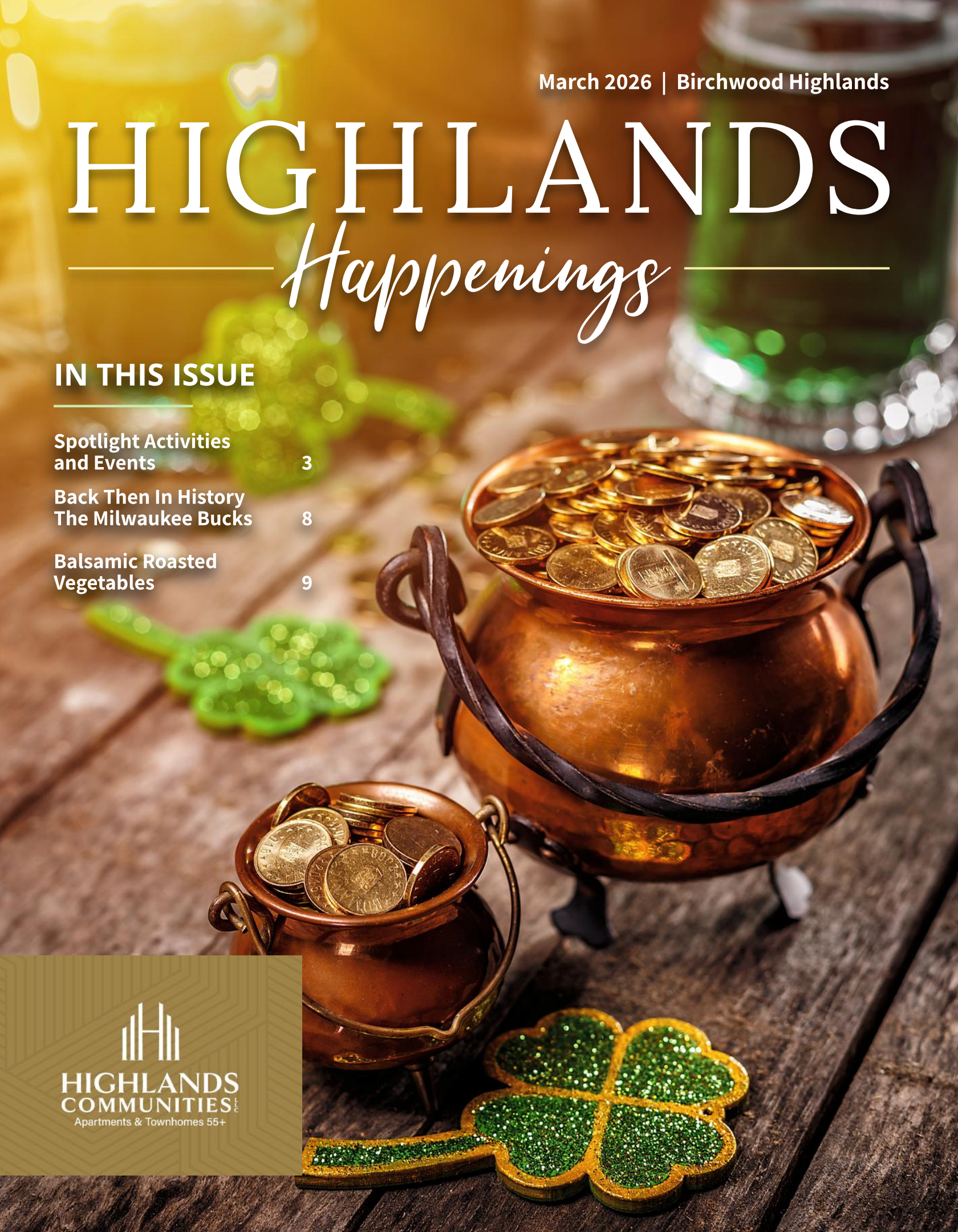
Happenings

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**HIGHLANDS
COMMUNITIES**
Apartments & Townhomes 55+



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PAST ACTIVITIES & RECREATIONAL EVENTS



UPCOMING SPOTLIGHT EVENTS



Build Your Own Bouquet

WEDNESDAY, MARCH 11TH AT 1:30 PM | EAST BLDG COMMUNITY ROOM
 Create your own beautiful bouquet at our Build Your Own Bouquet Workshop! Phina's Fun Creation florist will provide seasonal flowers, greenery, tools, and simple arranging tips. All supplies are included—enjoy a relaxed, creative experience and take home a bouquet you'll love! **\$10 per person. RSVP by Wednesday, March 4th**



Taste of Tuscany

THURSDAY, MARCH 19TH AT 4:00 PM | MAIN BUILDING COMMUNITY ROOM
 Savor the charm of Italy at our Taste of Tuscany dinner! Enjoy favorites like Spaghetti and Alfredo catered by Log Cabin - relax, mingle, and soak in the cozy vibes. Soft music and warm lighting set the scene for an inviting, delicious Tuscan evening. **\$12 per person. RSVP by Wednesday, March 4th**



The Spring Poetry Collective

THURSDAY, MARCH 26TH AT 2:00 PM | EAST BLDG COMMUNITY ROOMS
 Join us for a spring-inspired poetry workshop presented by Lynn Sween. Participants will receive simple seasonal prompts to spark creativity. Everyone is encouraged to write at their own pace in a relaxed, supportive space. Residents may share their poems if they feel comfortable at the next Wine Down Wednesday! **This event is free. RSVP Not Required**



Music with Terry Howard

MONDAY, MARCH 30TH AT 12 PM | MAIN BUILDING FOUR SEASONS ROOM
 Join us for a special musical event featuring local musician Terry Howard, performing a lively mix of classic rock, country, and inspirational Christian music—all blended into a heartfelt show that's sure to bring back memories and lift your spirits. Whether you love the sounds of the '60s, smooth country melodies, or meaningful lyrics, there's something for everyone. **This event is free. RSVP Not Required**



Spring Planting Workshop

TUESDAY, MARCH 31ST AT 2:00 PM | MAIN BLDG COMMUNITY ROOM
 Join us for a hands-on Spring Planting Workshop! Rib Mountain Greenhouse will guide you as you pot your own plants. Soil, small pots, and beginner-friendly herbs or plants will be provided. Come enjoy a fun, creative, and welcoming spring experience! **\$10 per person. RSVP by Wednesday, March 4th**

*We look forward to having you join us!
 For a complete list of activities and events taking place
 this month at the Highlands, visit our Activity Calendar on pages 6-7.*

RESIDENT REMINDERS

Luck is living surrounded by people who make you smile.

Unknown



Congratulations!

Who won \$100?



This month's winner of our \$100 lease renewal drawing is Gene N.



Alarms

If you hear an alarm sounding in the area of the furnace, water heater, or elevator, this may mean there is a water leak in one of these areas.

Please notify the Resident Services Office at 715-226-4393 or on evenings & weekends, The Answer at 1-800-263-6148 immediately.

Your help with this preventative measure is greatly appreciated.

Puppy Paws

We sincerely thank you for helping us maintain the cleanliness and beauty of our shared spaces. Our hardworking housekeeping team takes great pride in keeping our community looking its best. To support their efforts, we kindly ask that pets remain off the furniture in our common areas. This small step helps us prevent additional cleaning from muddy paw prints or unexpected accidents.

Thank you for your cooperation and for being a thoughtful neighbor!

Rental Agreement Renewals

IMPORTANT INFORMATION ABOUT YOUR RENEWAL

We'd like to thank all of our residents who will be renewing their rental agreements with us.

Please provide the Resident Services Office with the following documents when you sign your Rental Agreement Renewal:

- A current copy of your Renters Insurance Declaration Page.

If you have any questions, please let us know.

Wisconsin Homestead Rent Certificates

FORMS AVAILABLE IN THE RESIDENT SERVICES OFFICE

The State of Wisconsin allows deduction to income taxes for your residence. The program, established in 1964, is called the Homestead Tax Credit. To be eligible, a person must own or rent his/her residence, be at least 18 years of age and have a low annual household income.

If you qualify and wish to take advantage of this program, you will need a Rent Certificate completed by your landlord. The Resident Services Office has these forms available and upon request, will complete the form for you within 3 business days.

If you have questions about this tax credit, contact your tax advisor. If you have questions about completing the Rent Certificate, please contact our Resident Services Office.

Celebrate Good Times

MONDAY, MARCH 2ND AT 3:00PM
MAIN BUILDING COMMUNITY ROOM

IT'S CELEBRATION TIME

Be our guest as we celebrate March's special moments! Join us for cake, coffee, and joyful company as we honor all March birthdays and anniversaries. Let's gather, connect, and celebrate together.

This event is free. RSVP Not Required



I'm a great believer in luck, and I find the harder I work, the more I have of it.

-Thomas Jefferson


Here's to good luck, good laughs, and green everything!

POP-UP ART GALLERY

Join us for our Pop-Up Art Gallery showcasing the creativity of our residents. All artistic mediums are welcome—paintings, crafts, photography, and more! If you're interested in submitting your artwork for display, please bring it to the Resident Services office on **Wednesday, March 25th from 10 am to 1 pm**.

We'll kick things off with a special Opening Night Reception at our **Wine Down Wednesday - March 25th**. We will have light refreshments, great art, and great company. Afterward, the gallery will remain on display in the Community Room through the end of the week, giving everyone plenty of time to enjoy the inspiring pieces created by neighbors. Come share your creativity—or simply soak in the inspiration!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
1	2	3	4	5	6	7		
<p>2 pm Hand & Foot-MB 2 pm Kings Corner-EB</p> <p>National Peanut Butter Lovers Day</p>	<p>9:30 am Exercise-MB 10 am Coffee-MB 12:30 pm Knitting 1 pm Uno 1 pm Cribbage 3 pm Birthday Celebration 6:30 pm Games-EB</p>	<p>Purim</p> <p>9 am Coffee-EB 10 am Pool-MB/EB 2 pm "500" cards 6 pm Hand & Foot-MB</p>	<p>Holi</p> <p>9 am Exercise-EB 9:30 am Exercise-MB 10 am Coffee-MB 12:30 pm Mexican Train 1 pm Mahjong 2 pm King Crnr 6:30 pm Bingo-EB</p>	<p>10 am Rosary 10:30 am Yoga w/Jamy-MB 1 pm Sheepshead 4 pm Social Hour 6 pm Hand & Foot-MB 6:30 pm Hand & Foot-EB</p>	<p>9:30 am Exercise-MB 10 am Coffee-MB 11 am LCR 1:30 pm Alzheimer's Fundraiser</p>	<p>1 pm Cribbage-MB/EB 2 pm Hand & Foot 6 pm Kings Corner-MB</p> <p>National Flapjack Day</p>		
8	9	10	11	12	13	14		
<p>2 pm Hand & Foot-MB 2 pm Kings Corner-EB</p> <p>Daylight Saving Time At 2:00 am, clocks move forward to 3:00 am</p>	<p>9:30 am Exercise-MB 10 am Coffee-MB 12:30 pm Knitting 1 pm Uno 1 pm Cribbage 3 pm Choir 4:30 pm Bingo-MB 6:30 pm Games-EB</p>	<p>9 am Coffee-EB 10 am Pool-MB/EB 2 pm "500" cards 2 pm Quilting Group-EB 6 pm Hand & Foot-MB</p>	<p>10 am Fire Alarm Testing</p> <p>9 am Exercise -EB / 9:30 am-MB 10 am Coffee 12:30 pm Mexican Trn 1 pm Mahjong 1:30 pm Build Your Own Bouquet 2 pm Support & Share-EB 2 pm Kings Corner 3 pm Book Club 4 pm Dine Out-Carmelo's 6:30 pm Bingo-EB</p>	<p>10 am Rosary 9 am Morning Blend-EB 10 am Morning Blend-MB 1 pm Sheepshead 1 pm Blood Pressure Scrng-MB 4 pm Social Hour 6 pm Hand & Foot-MB 6:30 pm Hand & Foot-EB</p>	<p>9:30 am Exercise-MB 10 am Coffee-MB 11 am LCR 2 pm Cherry Pool Game-MB/EB</p>	<p>1 pm Cribbage-MB/EB 2 pm Hand & Foot 6 pm Kings Corner-MB</p> <p>Pi Day (3.14)</p>		
15	16	17	18	19	20	21		
<p>2 pm Hand & Foot-MB 2 pm Kings Corner-EB</p> <p>Pretzel Sunday</p>	<p>9:30 am Exercise-MB 10 am Coffee-MB 12:30 pm Knitting 1 pm Uno 1 pm Cribbage 3 pm Choir 4:30 pm Bingo-MB 6:30 pm Games-EB</p>	<p>St. Patrick's Day</p> <p>9 am Coffee-EB 10 am Pool-MB/EB 2 pm "500" cards 3 pm St. Patrick's Day Social-MB 6 pm Hand & Foot-MB</p>	<p>9 am Exercise-EB 9:30 pm Exercise-MB 10 am Coffee-MB 12:30 pm Mexican Train 1 pm Mahjong 2 pm Kings Corner 6:30 pm Bingo-EB</p>	<p>Ramadan Ends</p> <p>10 am Rosary 10:30 am Yoga w/Angela-MB 1 pm Sheepshead 4 pm Taste of Tuscany Dinner 6 pm Hand & Foot-MB 6:30 pm Hand & Foot-EB</p>	<p>9:30 am Exercise-MB 10 am Coffee-MB 10:30 am Pam Rehab Education 11 am LCR</p>	<p>1 pm Cribbage MB/EB 2 pm Hand & Foot 6 pm Kings Corner-MB</p> <p>National Corndog Day</p>		
22	23	24	25	26	27	28		
<p>2 pm Hand & Foot-MB 2 pm Kings Corner-EB</p> <p>National Goof Off Day</p>	<p>9:30 am Exercise-MB 10 am Coffee-MB 12:30 pm Knitting 1 pm Uno 1 pm Cribbage 3 pm Choir 4:30 pm Bingo-MB 6:30 pm Games-EB</p>	<p>9 am Coffee-EB 10 am Pool MB/EB 1:30 pm Movie "Average Joe" 2 pm "500" cards 6 pm Hand & Foot-MB</p>	<p>9 am Exercise-EB 9:30 pm Exercise-MB 10 am Coffee-MB 12:30 pm Mexican Train 1 pm Mahjong 2 pm Kngs Crnr 2 pm Support & Share-EB 4 pm Wine Down 6:30 pm Bingo-EB</p>	<p>10 am Rosary 10:30 am Yoga w/Jamy-MB 1 pm Sheepshead 2 pm Spring Poetry Collective 4 pm Social Hour 6 pm Hand & Foot-MB 6:30 pm Hand & Foot-EB</p>	<p>9:30 am Exercise-MB 10 am Coffee-MB 11 am LCR</p>	<p>1 pm Cribbage-MB/EB 2 pm Hand & Foot 6 pm Kings Corner-MB</p> <p>International Women in Music Day</p>		
29	30	31						
<p>2 pm Hand & Foot-MB 2 pm Kings Corner-EB</p> <p>Palm Sunday</p>	<p>9:30 am Exercise-MB 10 am Coffee-MB 12 pm Terry Howard 12:30 pm Knitting 1 pm Uno 1 pm Cribbage 3 pm Choir 4:30 pm Bingo-MB 6:30 pm Games-EB</p>	<p>9 am Coffee-EB 10 am Pool MB/EB 2 pm "500" cards 2 pm Spring Planting Workshop 6 pm Hand & Foot-MB</p>	 <p>HAPPY St. Patrick's DAY</p>				<p>HIGHLANDS COMMUNITIES MARCH 2026 ACTIVITIES</p>	

JUST FOR FUN



Wherever you go, may good luck follow.

Irish Saying



Fun Facts About Springing Forward

Daylight Saving Time begins in March for most of the U.S. The idea is to make better use of daylight by shifting an hour of sunlight from the morning to the evening.

First widely adopted during World War I to conserve fuel, the practice remains controversial—some love the extra daylight, while others dread the lost sleep.

Not all states observe it: Hawaii and most of Arizona skip the spring-forward/fall-back routine entirely.



Back Then In History

In March 1968, Milwaukee was awarded an NBA expansion franchise: the Milwaukee Bucks. Just two years later, they drafted superstar Kareem Abdul-Jabbar (then Lew Alcindor) and won their first championship in 1971. The Bucks became a defining part of Wisconsin's sports identity. Decades later, they secured a second title in 2021, led by Giannis Antetokounmpo. From the MECCA to Fiserv Forum, the Bucks have brought pride and excitement to generations of Wisconsin fans.



Top Ten

WAYS TO REFRESH AND GET READY FOR SPRING

There's a chill that's still in the air, but warm weather is just around the corner. Here's 10 ideas for how to spend your remaining chilly days preparing for spring's warm wave of weather.

1. Open your windows
2. Add a new houseplant
3. Try a new hobby
4. Clean out a drawer
5. Buy fresh flowers
6. Rearrange furniture
7. Donate old clothes
8. Switch up scents
9. Set a spring goal
10. Change up décor

Spring is all about fresh starts—even small changes can brighten up your space and your mindset.

WHAT'S COOKING

Balsamic Roasted Vegetables

Tired of the same old side dishes? This roasted vegetable recipe is full of bold, savory flavor thanks to balsamic vinegar, garlic, and thyme. It pairs beautifully with chicken, beef, or plant-based mains.

Serve it as a side dish, or enjoy it as your main entree.



INGREDIENTS

Cooking spray
10 medium potatoes, peeled and cubed
4 large carrots, peeled and cut into 1/2 inch chunks
1 medium onion, sliced into 1/4-inch strips
1/3 cup balsamic vinegar
1/4 cup unsalted butter, melted
8 sprigs fresh thyme or 1 tsp dried thyme
1 tsp minced garlic
1 tsp salt
1/2 tsp ground black pepper

STEP 1: Preheat oven to 425°F. Lightly coat a 9x13-inch baking dish with cooking spray.

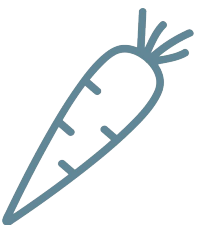
STEP 2: In a large glass bowl, mix potatoes, carrots, onion, balsamic vinegar, butter, thyme, garlic, salt, and pepper until evenly coated. Spread mixture into the prepared pan in a single layer and cover with foil.

STEP 3: Roast for 45 minutes, shaking the pan every 15 minutes.

STEP 4: Remove foil and roast another 30 minutes, stirring occasionally. Watch closely during the last 10 minutes to avoid burning.

COOKS NOTE: Use a glass bowl (not plastic) to avoid staining from the balsamic vinegar.

Source: [allrecipes.com](https://www.allrecipes.com)

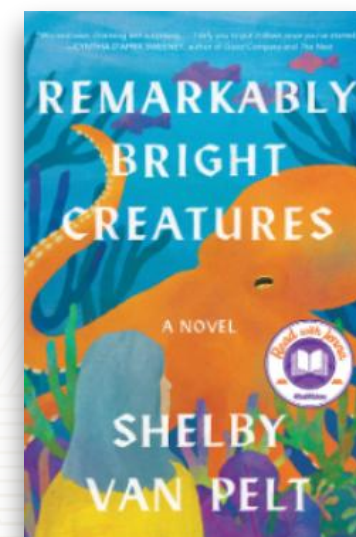


Shelf Indulgence

THIS MONTH'S BOOK RECOMMENDATION

Remarkably Bright Creatures by Shelby Van Pelt

Set in a coastal town, this delightful novel follows the friendship between a widowed aquarium worker and a surprisingly observant octopus named Marcellus. Through alternating perspectives, it blends warmth, curiosity, and a touch of mystery. With spring themes of renewal and connection, this story is both fresh and uplifting



CONTACT INFORMATION



Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



Main Office

Mon - Fri, 10am - 3pm
Phone: (715) 226-4393

8005 Birch St.
Weston, WI 54476

COMMUNITY DIRECTOR

Dawn Mittlesteadt

Birchwood@ardenpropertygroup.com

ASSISTANT COMMUNITY MANAGER

Kelley Goertz

Birchwood@ardenpropertygroup.com

LEASING

Mon - Fri, 9:00am - 5:00pm
Phone: (715) 226-4393

MAINTENANCE

Mon - Fri, 9:00am - 5:00pm
Phone: (715) 226-4398
Evenings & Weekends (AnSer)
EMERGENCIES ONLY
(800) 263-6148

MAINTENANCE TEAM

Brett Koss

HOUSEKEEPING TEAM

Jessica Bram

BUILDING MANAGER

Cindy Krall

Community Engagement Coordinators

Lynn Sween

Cheryl Surfus

Sharon Oertel

Spring into Creative Bloom

A SEASON FOR FRESH CREATIVITY

This March, we'll invite everyone to Spring into Creative Bloom, our month-long series celebrating art, inspiration, and renewal. Together, we'll create opportunities to connect, express creativity, and enjoy the energy of the new season.

Dine-Out - Wednesday, March 11th, at Carmelo's Restaurant, known for its delicious fish fry and Italian dishes. Meet in the Four Seasons Room at 4 pm for carpooling; dinner begins at 4:45 pm. Please contact Bill Olson (Apt. 105) at 715-722-0093 by Saturday, March 7, to sign up.

The Morning Blend - Thursday, March 12th, for a warm and welcoming start to your day with coffee, bagels, and friendly conversation. We'll meet at 9 am in the East Community Room and 10 am in the Main Community Room—stop by and enjoy a relaxing morning with neighbors and our Resident Services Team!

St Patrick's Social Hour - Tuesday, March 17th at 3 pm for a social hour featuring music by Justin Zopel. Visit with friends while listening to some Irish favorites like "Danny Boy" and "Irish Eyes are Smiling". Don't forget to wear green!

Onsite Services

Salon

Wednesday & Friday
Main Building, 3rd floor | By Apt. Only
(715) 301-8588

STYLIST

Karen Theiler and Terri Kree

Credit cards accepted

Mind Games for Memory

AN ALZHEIMER'S ASSOCIATION FUNDRAISER

Residents, families, and friends are welcome to enjoy an afternoon of fun for a good cause. On **Friday, March 6th at 1:30 PM**, we welcome you to take part in a fundraiser to benefit the Alzheimer's Association. There will be a jigsaw puzzle contest, word search challenge, and Bingo - plus savor delicious soups and treats at our healthy snack bar.

Your participation helps make a meaningful impact in our community.

Additional details will be posted on the bulletin board or call Barb D. (Unit # 112) for more info. RSVP by Wednesday, March 4th



Local Services

Spectrum/Charter Cable

HOTLINE

(833) 697-7328

Wisconsin Public Service

HOTLINE

(800) 450-7260

Village of Weston

PHONE

(715) 359-6114

Family Foot & Ankle Clinic

3RD FLOOR GAME ROOM - MAIN BUILDING

Next clinic is Monday, March 30th

Call 715-241-8100 to make an appointment.

PAM Rehab Presentation

FRIDAY, MARCH 20 AT 10:30 AM

Megan Schroeder from PAM Rehab will join us for an informative Educational Power Hour to discuss what to consider after a hospitalization for a serious illness or injury, including how to decide between continuing recovery at an inpatient rehabilitation hospital or a skilled nursing facility. Light snacks will be provided. **This event is free. RSVP Not Required**

CHECK IT OUT



Refer a friend or relative who completes an application by December 31, 2026 and when they move in, you'll receive

\$500 CASH BACK!*

*Some restrictions apply. Application must be completed by December 31, 2026. Promotional program and cash back applicable to current Highlands Communities residents only. Recipient is responsible for paying all other local, county, state, and federal taxes on referral bonus.

For After Hours Maintenance Emergencies

HERE'S HOW TO GO ABOUT MAKING US AWARE THAT YOU REQUIRE ASSISTANCE

For all maintenance emergencies after 4:30 pm, Monday through Friday, Saturdays, Sundays, and holidays, please call our after hours call center, The Answer, at 1-800-263-6148.

You will be asked to provide the following information:

1. Your name
2. The name of the Highlands Community where you reside
3. Your building #, apartment # and phone #
4. A description of your emergency

If leaving a message, please be sure to include all information listed above.

Upon receiving an emergency call, The Answer operator will contact our on-call maintenance staff and they will respond accordingly. If you do not hear back from our on-call team member within 30 minutes, please call 'The Answer' back to make them aware.

If your call is not considered a maintenance emergency, The Answer will not contact our on-call maintenance staff. We ask that all residents have a personal plunger and attempt to unclog your toilet prior to calling for emergency assistance.

A maintenance emergency is considered as the following: No heat, flooding such as water heater, toilets and drains or unnatural flooding into the apartment, refrigerator not working, gas odor, plugged toilet if overflowing and the only toilet in the apartment, clogged drains, no A/C if temperature is higher than 75 degrees, garage doors not opening/closing properly, lockouts, no electricity, elevator stuck or not opening, smoke detector beeping. For all medical, fire and police emergencies, please call 911.

